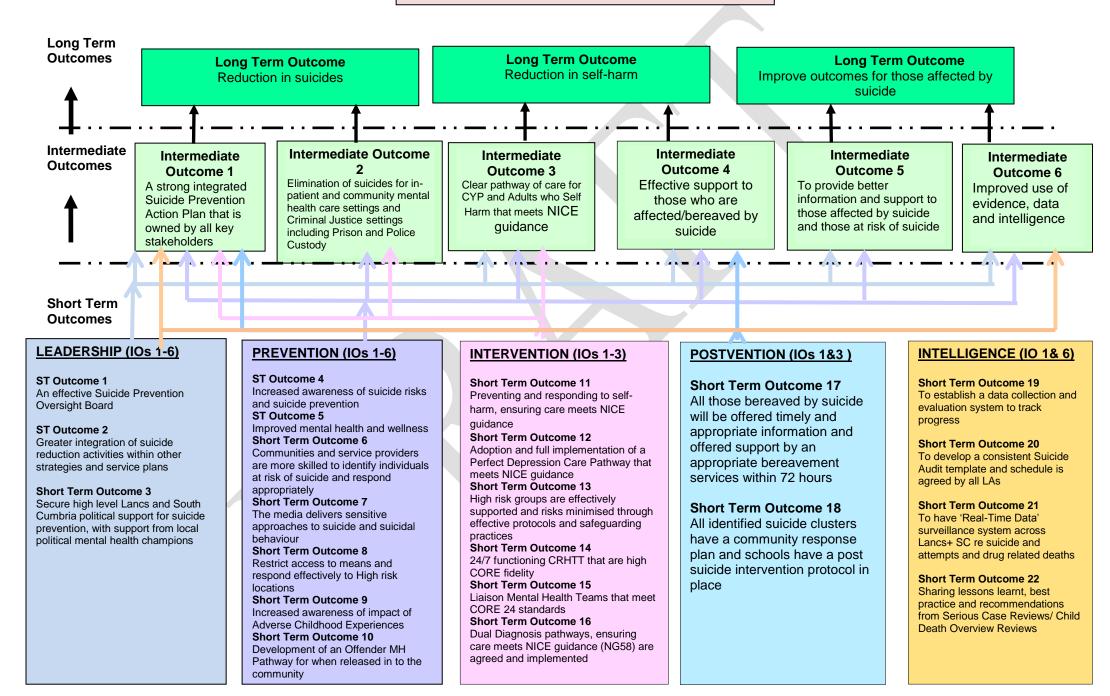
#### DRAFT Lancashire and South Cumbria STP Suicide Prevention Logic Model

### Vision Lancashire and South Cumbria residents are emotionally resilient and have positive mental health



## **LEADERSHIP**

Long Term Outcomes	Redu	uction in suicides		Reduction in self-harm		on those affected by it, is eved
outcomes						
Intermediate Outcomes	A strong integrated Elimination of		Outcome 3 Clear pathway of care for CYP and Adults who Self Harm that meets NICE guidance	Outcome 4 Effective support to those who are affected/bereaved by suicide	Outcome 5 To develop and support our workforce to assess and support those who may be at risk of suicide	Outcome 6 Improved use of evidence, data and intelligence
	· · ·					
Short Term Outcomes	Short Term Outcome 1 An effective Suicide Prevention Board mes		Greater integrat	Short Term Outcome 2 Greater integration of suicide reduction activities within other strategies and service plans		nd South Cumbria political ention, with support from lth and suicide prevention ppions
Signs of success			are included in all strategies i.e. HR	All H&WB have agreed the content a support the delivery of the Lancs and Plan All LAs have a MH and Suicide Prevention Member Champion		Lancs and SC SP Action
Reach	Key Stakeholders, Safeguarding Boards, LA Suicide Prevention groups, STP Governance meetings, Local Authorities, Primary and Secondary Care organisations, Police, Fire Service, NWAS, CYP service, Commissioners and 3rd Sector services, Local Communities		organisations, Pol service, Commissi	Local Authorities, Primary and Secondary Care organisations, Police, Fire Service, NWAS, CYP service, Commissioners and 3 <sup>rd</sup> Sector services, Private Sector (particularly Construction, Carer Organisations)		and Well Being Boards,
Output	Commitment from all key and prevent Suicides	stakeholders to reduce	Suicide Preventior all in Lancs+ SC	n is seen as the responsibility for	Elected Member Mental H Prevention champions in e	

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Activity	<ul> <li>Bi Monthly SP Oversight Board meeting</li> <li>To attend at each Health and Wellbeing Board to seek support for the Lancs and SC STP action plan action plans</li> <li>To provide update reports to local Safeguarding Boards and Health and Wellbeing Boards on the development and delivery/ implementation of the Suicide Prevention STP Plan</li> <li>Strategic Leaders pledges/ commitment to deliver of the Suicide Prevention Action Plan</li> <li>Strategic Leads across Lancs and SC to consider to sign up to the No More Zero Suicide Alliance</li> </ul>	To develop a Suicide Prevention narrative and key areas for action for strategies and plans where suicide and suicide prevention is a related issue or risk e.g. drugs and alcohol, long-term conditions ( Key stakeholders to audit current policies and procedures to establish if suicide prevention/ risk of suicide is included Mapping of key stakeholders data to allow for segmentation and targeting for those high at risk of suicide	Define the role of Mental Health and Suicide Prevention Champion LA PH Leads to present the role and expectation to LA Cabinet meetings To identify Elected Members that will take on the role of Mental Health and Suicide Prevention Champion Train the MH/ Suicide Prevention Champions
Inputs	Officer time to attend meetings Officer time to produce update reports Financial	Officer time to conduct audit of policies Analytical	Training of Mental Health and Suicide Prevention Elected Member Champions Officers time Financial Training

## PREVENTION

Long Term Outcome s	Reduction in suicides			Reduction in self-harm		on those affected by it, is ieved	
Intermediate Outcomes	Outcome 1 A strong integrated Suicide Prevention Action Plan that is owned by all key stakeholders	Outcome 2 Elimination of suicides for in-patient and community mental health care settings	Clear pa care for Adults Harm th	come 3 athway of CYP and who Self hat meets guidance	Outcome 4 Effective support to those who are affected/bereaved by suicide	Outcome 5 To develop and support our workforce to assess and support those who may be at risk of suicide	Outcome 6 Improved use of evidence, data and intelligence

Short Term	Short Term	Short Term	Short Term	Short Term	Short Term	Short Term	Short Term
Outcome	Outcome 4	Outcome 5	Outcome 6	Outcome 7	Outcome 8	Outcome 9	Outcome 10
	Increased awareness of suicide risks and suicide prevention	Improved mental health and wellness	Communities and service providers are more skilled to identify individuals at risk of suicide and respond appropriately	The media delivers sensitive approaches to suicide and suicidal behaviour	Restrict access to means and respond effectively to hotspots	Increased awareness of impact of Adverse Childhood Experiences (ACEs)	Development of an Offender MH Pathway for when released in to the community
Signs of success	% of people who report that they are more aware of who is at risk of suicide and ways in which that it can be prevented Decrease in Suicide rates across the STP	Increase in volunteering Increase in residents taking part in physical activities across the STP area Increase in those accessing Adult Learning	Specify number people trained in SP % who are trained who improved knowledge, skills confidence in identifying individuals at risk Specify number public sector	Local Authorities and 4 local media organisations have pledged to adhere by the Samaritans suicide reporting guidance No of stakeholders that sign up and adopt the principles for the reporting of	Reduction in suicides in suicide hotspots	Staff in key agencies have an increased awareness of ACEs and the impact that they have on CYP Increase in staff that report that they are able to support/ refer to	Clear pathway for offenders to access MH services when released for custody, particularly for those that are high risk of suicide i.e. on suicide watch in the custodial estate
	Increased	opportunities	organisations who	suicides		services that will	Reduction in the
	awareness of the suicide audit	5 Ways to	agree to make SP training mandatory			help CYP when an ACE is	number of suicides of

	findings across all key stakeholders	Wellbeing embedded in commissioned services Increase in mental health awareness training	Specify number of people who are trained in the impact/ risk of Self Harm Number of hours of Protected Learning time allocated by CCGs for Suicide Prevention awareness training sessions			identified Increase in the number of services that are commissioned which include and monitors ACEs	prisoners on release from custody Offender Health Pathway protocol developed and signed off
Reach	Those more at risk of suicide: men, older, Private businesses; taxi, barbers Schools and colleges Prisons Substance misuse services, Local authorities, Primary and Secondary Health, DWP, CAB, 3 <sup>rd</sup> Sector Organisations	Universal – whole population Target services which address high levels of vulnerability eg Substance Misuse Services, Community Mental Health services, Wellbeing services	Targeted training- particularly middle aged men, building and trade contractors Local residents Elected Members Frontline Police/ A+E staff/ Secondary MH services/ Schools/ Primary Care	Communication Departments in all Key Stakeholder organisations Media Outlets	Local Communities Police/ NWAS/ National Rail/ LA Planning Departments/ Local Travel Companies/ British transport Police	Local Authorities Police Education 3 <sup>rd</sup> Sector organisations Commissioners- Health and Public Health Prisons Probation	Prisons, Police, Primary Care and Secondary MH Services, Local Authorities, Probation
Output	number of events during Suicide Prevention Day Time to Change Campaigns embedded across Las Suicide Audit data publicised and shared Scoping exercise	Measure increase in mental health awareness training delivered Contracts have 5 Ways embedded Volunteer hours recorded across the system Uptake of physical activity (PHOF ?)	<ul> <li>number of training sessions</li> <li>number of people trained</li> <li>Suicide Prevention awareness training is integrated in to mandatory training for all stakeholders i.e. module</li> </ul>	At least one of the following media organisations will sign a suicide prevention pledge re responsible reporting • TV (That's Lancashire Channel) • Newspaper • Radio	Number of Suicide high risk locations that are identified and target hardened	% of staff that are have attended ACE awareness training Number of services that are commissioned which include ACEs and are monitoring them	Clear pathway agreed for prisoners returning to Lancashire and South Cumbria to access MH Services Gaps identified Agreed protocol signed up to by Prison/ probation and Services

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	of debt services completed Consistent debt advice available across the STP		<ul> <li>within safeguarding training</li> <li>Trainings is targeted at building and trade companies and male dominated employers i.e. BT, Sellafield.</li> <li>All localities in LANCS + SC have a SP training programme</li> <li>All LAs have an Elected Member for Mental Health and suicide prevention</li> </ul>				
Activity	<ul> <li>To undertake suicide prevention awareness raising during world Suicide Prevention Day</li> <li>To develop suicide prevention social marketing campaign material</li> <li>To deliver a "Time to Change" campaign as part of MH Awareness week</li> <li>Scoping of the level of debt advice support available across STP</li> </ul>	Write 5 Ways into all relevant new service specifications Measure volunteer hours across STP Monitor changes in PHOF physical activity data Partnership to develop wider mental health training capacity (eg use of e learning tools).	Map out current 'e' learning suicide prevention training that is available/ being used To identify potential gatekeepers or champions for suicide prevention in local authorities, CCGs to allocate protected learning time sessions/ 1 hour session for Suicide Awareness/ REACH training to programmed	To host a meeting with key media organisations which focuses on suicide awareness and responsible media reporting To relaunch the Samaritans media guidance Standardised guidance document produced for reporting of suicides Principles of the reporting guidance adopted by all key agencies	<ul> <li>Identify Top 10 high risk locations in Lancs and South Cumbria</li> <li>Work with Network Rail, Coast Guard, BTP, Lancashire and Cumbria Police, Highways Agency, and Waterways Agency to reduce access in the top 10 high risk locations</li> <li>Carry out Environmental</li> </ul>	Raise awareness of ACEs i.e. what they and the long lasting impact they can have on CYP Include ACEs in future Suicide Audits Include ACEs in all relevant commissioned services that are being re designed	Mapping of current pathway Gaps identified Offender Health Pathway protocol developed Key Stakeholders agree and sign up to protocol

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	Identify gaps in debt/ money services Develop a standard/ universal approach to debt advice across the STP		statutory safeguarding training Develop a Suicide Prevention training programme which covers ACEs/ Self Harm/ MH First Aid/ ASSIST/ Safe Talk		Visual Audits of high risk locations		
Input	LA PH Teams LA healthy living services	Officer time LA PH teams and CCG Financial resources Data	Officers Time Financial resource	Samaritans Media organisations Communication departments in stakeholder organisations Officer time to produce the guidance and principles Senior Officers to agree and sign off	Data Officer Time Financial resource	ACE Training video Officer time to train staff	Officer time to undertake mapping pathway work Financial resource Technology

## **INTERVENTION**

Long Term Outcomes	Reduction in suicides		Reduct	ion in self-harm		s for those affected by icide		
Intermediate Outcomes	A strong integrated Suicide Pre	Intermediate Outcome 1 strong integrated Suicide Prevention Action lan that is owned by all key stakeholders		Outcome 2 imination of suicides for in-patient and community mental health care settings			Intermediate Outcome 3 Clear pathway of care for CYP and Adults who Self Harm that meets NICE guidance	
Short Term Outcomes	Short Term Outcome 11 Preventing and responding to self-harm, ensuring care meets NICE guidance	Short Term Outcome Adoption and full implementation of a Perfect Depression C Pathway that meets NICE guidance	High risk gro effectively supp	ups are 24/7 orted and th d through cols and	rt Term Outcom 7 functioning CRI at are high COR fidelity	Outcome 15	pathways, ensuring	
	Increased awareness among	All patients receive	Reduced suicide		7 Crisis Care	CORE 24 LM		
Signs of success	frontline workers regarding suicide risk factors and co- morbidities All A&Es have undertaken an audit 100% of patients presenting with self-harm have a full biopsychosocial assessment No of services that are NICE compliant identified LMH teams in acute hospitals have CYP specialists	NICE compliant treatment for depress	and behaviour ion Increased use of comprehensive r clinical assessme Increased family engagement and involvement in ca Increased capac working with a pe suicidal thoughts Increased access support for those to MH services	isk and perf fide ents CRI NHS set ty for erson with s to	illable for CYP a ults that are high forming CORE lity teams. HT teams meet S National Stand out in the MH F <sup>N</sup>	the 4 Acute hospitals acro Lancs and So that also prov the specialist CY dards support	implemented and embedded into working practice ide Increased awareness of MH and Drug – Staff aware of the most appropriate pathways into service Service/Pathway meets NICE Guidance All workforce are	
	Self-Harm pathway mapped out for CYP and Adults		Zero Suicides in inpatient/ crimina				confident to take on dual diagnosis role (Both MH and	

	Self-Harm Service gaps identified		setting			Substance Misuse Staff)
Reach	A&E Departments, NWAS, 3 <sup>rd</sup> Sector organisations, Lancashire Police, CYP services, Commissioners, LAs, Schools	MH Trusts, GPs, CCG Commissioners, IAPT services	A&E Departments, NWAS, Primary Care, MH Trusts, families and those with lived experience, Housing, Substance Misuse services	Local Communities LCFT Police NWAS	Acute Hospitals, Primary Care, LCFT, Commissioners	Drug and Alcohol Services, Secondary Care, Service Users
Output	Number of A&E's have an audit of % of patients who present with self-harm who have had a full biopsychosocial assessment Number of services that are Self harm treatment compliant Increase in CYP resilience	LCFT/ CFT and respective commissioners have signed up to delivering the perfect depression care pathway No of GP practises that meet NICE compliance Baseline established of the number of people who are currently being treated with anti- depressants Baseline established for the number of PHQ 9 forms that are completed	Accessible services that are available 24 hours/ 7 days a week Increased improvement in Suicide Awareness Increase in the number of people trained	24/7 fully resourced CRHTT that is accessible to CYP and Adults	LMH teams meet CORE 24 standards	Number of staff that are trained in dual diagnosis Increase number of jointly managed cases by drug and MH services
Activity	<ul> <li>Establish current level of self- harm rates across Lancs and SC</li> <li>To identify " frequent" self- harmers accessing A&amp;E Departments and NWAS</li> <li>To review current self-harm support and interventions for adults and young people in LANCS + SC</li> <li>To undertake an audit in each A&amp;E of implementation of Nice guidance relating to self-harm and psychological</li> </ul>	To baseline data relating to services for depression, that is IAPT, antidepressant prescribing and suicide rates by postcode, evidence of application of NICE guidelines across primary and secondary care and days lost in employment in Lancs and SC To design with patients and stakeholders a 'perfect depression care	Review and modify current risk and clinical assessment tools to ensure consistency and comprehensiveness in MH Trusts To pilot a minimum/optimal standard for suicide risk assessment tools in primary care To develop a Lancs+ SC standard for suicide prevention in secondary care	To develop crisis care arrangements to enable access to 24/7 support for all-age groups particularly children To ensure that CRHTT are high CORE fidelity teams MH trusts should provide timely and appropriate treatment	To develop LMH implementation plan for 2018/ 2019 Implement a Liaison Mental health team which has CYP specialists in Acute hospitals To recruit staff to meet CORE 24 LMH standards	Establish current baseline Develop dual diagnosis pathway that meets NICE Guidance Pathway signed off and agreed by MH steering group Pathway embedded into working practices

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	<ul> <li>assessments in A&amp;E</li> <li>To review local self-harm care pathways against NICE guidance (CG133)</li> <li>To deliver suicide prevention and self-harm training for staff</li> <li>To develop am information sharing system between NWAS and LA PH teams re number of attempted suicide/self-harm</li> <li>To develop a consistent system of sharing data with GPs from A&amp;E and NWAS (</li> <li>To develop a consistent response with primary care to those patients flagged as attempted suicide/self-harm from A&amp;E and NWAS</li> </ul>	pathway' with key outcomes To secure sign up across all MH Trust providers and commissioners (mental health) for commissioning of this care pathway Establish a baseline for the number of patients that are currently being treated with anti- depressants and that the care meets NICE guidelines	To develop a process to enable learning from suicide attempts Consult and engage with families of those with suicidal ideation To standardise post- incident reviews, share best practice, lessons learned and review recommendations to ensure that they are implemented To strengthen the management of depression in primary care To review local care pathways against Antenatal and postnatal mental health: clinical management and service guidance NICE guidance (CG192)		MH trusts should provide timely and appropriate treatment	
Inputs	Data analysists A&E departments and NWAS, NHS England CORE 24 funding	Commissioners, MH Trusts, GPs, IAPT	Staff time to conduct audit of current policies	CCG Commissioner funding, LCFT	CORE 24 Transformation funding (2018/19), Acute Hospitals, A+E Delivery Boards, LCFT, Commissioners	CCG Commissioner funding, LA Public Health Commissioners, Drug and Alcohol Services, Secondary MH services

# POSTVENTION

Long Term Outcomes	Reduction in suicides	Reduction	n in self-harm	Improved outcomes for those affected by suicide
Intermediate Outcomes	Effective su		e Outcome 4 are affected/bereaved	by suicide
Short Term Outcomes	Short Term Outcome 17 All those bereaved by suicide will be offered timely an appropriate information and offered support by bespo bereavement services within 72 hours			Short Term Outcome 18 cide clusters have a community response plan and ve a post suicide intervention protocol in place
Signs of success	Bespoke suicide bereavement service commissioned acro and South Cumbria Increased number of those bereaved by suicide can acces mainstream MH services/ Support			nber of cluster suicides incidents ntion adopted in all schools across Lancs and SC
Reach	Those bereaved by suicide, Commissioners of MH service Commissioners of bereavement services/ Coroners/ Police Public Health Leads/ Las/ Prisons/ LCFT/ CFT		Coroner/ LA PH Lea circumstances/ need	ids, Police and specific stakeholders based on the d that are identified
Output	Bereavement Support services mapped out         Gaps identified         Increase in the no of Help is at Hand books given out by service specification devel         Bespoke Suicide Bereavement Service specification devel         Consistent Referral for Suicide Bereavement adopted by         Stakeholders			l in each organisation nents and process agreed for developing Community an

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	across Lancs+ SC for people that are bereaved by Suicide		
I	Develop an online directory of services and resources for those affected by Suicide including ADFAM, Samaritan, MIND ED etc.		Develop Standardised
	Develop a consistent approach taken by all key stakeholders for signposting, advice provided and support offered to those affected by suicide		Define what is meant b operandi (MO)
	To consult with those bereaved by suicide to develop a Lancs and SC suicide bereavement pathway.		All key stakeholders sig
	To scope the potential for additional commissioning of suicide bereavement support to supplement local arrangements		Development of post su
	To scope current arrangements across Lancs and SC in relation to post-vention interventions, e.g. schools, communities and outreach to family and friends, in addition to bereavement support		
	To upskill current bereavement support services so they are able to offer/ provide specialist suicide support to those affected by suicide		
Input	Help is at Hand		Staff
	Staff Time		Financial
	Funding for Specialist service identified		

Review PHE Guidance for developing Community Cluster Action Plans

Develop Standardised Suicide Prevention Community Cluster Action Plan procedure

Define what is meant by a suicide cluster i.e. 2 or more/ same modus operandi (MO)

All key stakeholders sign up, agree and implement procedure

Development of post suicide intervention protocol in schools

## **INTELLIGENCE**

Long Term Outcomes	Reduction in suicide	es Redu	uction in self-harm	proved outcomes for those affected by suicide	
ntermediate		Interme	ediate Outcome 6		
Outcomes	Improved use of evidence, data and intelligence				
Short Term Outcomes	Short Term Outcome 19 To establish a data collection and evaluation system to track progress	Short Term Outcome 20 A consistent Suicide Audit template and schedule is agreed by all LAs	Short Term Outcome 21 To have a 'Real-Time Data' surveillance system across Lancs+ SC re suicide and attempts and drug related deaths		
			Destring data Origida and		

Signs of success	Performance Management framework which monitors interventions and impact on Suicides across Lancs and SC	A consistent suicide audit data collection method which is adopted across Lancs and SC Regular Suicide Audits are conducted across Lancs and SC	Real time data Suicide and attempted suicide, drug related death Surveillance system in place Signed and agreed information sharing protocol Key stakeholders have an increased awareness of the suicide picture	Agencies have an increased awareness lessons learnt from Serious Case Reviews and Child Death Overview and Domestic Homicide Reviews
Reach	Suicide Prevention Oversight Board, STP Governance, NHS England, PH England	LA Public Health Leads Coroners Police	across Lancs and SC Police, NWAS, LA PH Leads, Coroners, Commissioners, Substance Misuse providers, GPs,	Local Safeguarding Boards (Adults and CYP), Local Authorities/ Primary and Secondary Health services, NWAS/ Police/ Prison/ Probation/
			LA Safeguarding Leads, LA Suicide Prevention Groups, STP partners, Information Governance Leads	CCGs
Output	Quarterly performance reports	Consistent data collection across Lancs and SC	Joint information sharing protocol Real time data available for Public	Standardised process for sharing the lessons learnt
<b>↑</b>		Suicide Audit Timetable agreed	Health Leads in each LA	
		Suicide Audit report produced across the STP footprint every 3	Responsive coordination and collection of suicide, attempted	

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Activity	Develop a performance         management framework that is able         to track progress made against the         action plan         Produce reporting template that can         be used in CCG IAF submissions.         Stakeholder agree data sources         that will be used for performance         monitoring	years Review the current suicide audits templates that are currently being used for data collection across Lancs and SC (LA PH Leads, Sept 2017) Develop Suicide Audit template (LA PH Leads, Sept 2017) Develop Suicide audit timetable which is agreed by all LA PH	suicides and drug related deaths information Regular reports provided to STP Governance Board, LA Safeguarding Boards (Adult and CYP) Feasibility scoping exercise conducted for implementation of a 'Real Time Suicide Surveillance system (Neil Smith- October 2017) Consistent data collection process agreed Develop information sharing protocols Mapping of current data that is	To standardise post-incident reviews, share best practice, lessons learned and review recommendations to ensure that they are implemented
Inputs	Data Analyst, All Key Stakeholders,	Istaffing capacity Technology	Data Analyst Time Staffing Technology	Staffing Technology Financial
	Staffing, Technology			